#### **BEST PRACTICES 2020-21**

Sree Narayana Training College has initiated a number of activities for the overall development of the students. The student teachers are expected to develop an overall perspective on their Professional and personnel life. In order to achieve the same Sree Narayana Training College focuses its attention on developing a favourable attitude among student teachers towards our community and in developing personally and professionally competent teachers. Thus the two major objective which the institution upholds are

- Upliftment of the community
- Empowerment of the prospective teachers

For achieving above-mentioned aims the institution designed and implemented developmental activities for the students and for the community. On the basis of this institution organises two important programmes for the past five years as the best practices of the college.

- 1. Student empowerment program SEP
- 2. Snehapoorvam

## **Student Empowerment Programme SEP**

The theme for student empowerment programme was evolved from the UGC funded remedial teaching programme for the college during the year 2010. It was funded by UGC for organising the remedial instructional programmes for the socio economic backward students of the community. However the college took an initiative to provide the course for majority of the students in the college. After the completion of project period of UGC, the college started a "Student Empowerment Programme" to continue their activities for the welfare of our student teachers. The SEP mainly focused on the development of a person including personal, emotional, physical, intellectual moral and social aspects of a student and a series of activities were is designed to inculcate the same.

## **Snehapoorvam**

Snehapoorvam is a community oriented practices carried out by the institutions. The teachers as well as students join their hands to empower the nearest community where the institution is situated. Nedunganda is a rural coastal village where majority

of the village belong to socially and educationally weaker sections of the society. The institution organizes a series of activities every year for the benefit of the coastal community.

## I. SEP

Title of the practice: Student Empowerment Programme.

# **Objectives**

- Personality development of the student teachers.
- Interpersonal skillsdevelopment among student teachers.
- Enhancement of technological competency

#### Context

Due to Covid pandemic scenario, majority of the programme organised by SEP were online mode. The sudden change in the teaching learning process during pandemic demanded enhancement of technological competency of students as well as teachers for the proper functioning of the academic system. With a view to improve the technological competency of the teachers and students, the institution decided to organize a programme on technological skills for the effective use of online teaching learning process. The IT club of college took the initiative and planned a webinar series titled "Technoid: Dreams Comes True."

### **Technoid: Dreams Comes True**

The webinar series was organised in the form of a course with five different sessions. The course was organised in such a way that it will enable the students to achieve the following outcome:

- Identify the need for ICT enabled Education
- Use various ICT based method to enhance teaching learning process ensuring students participation
- Use ICT to promote creativity in students
- Use instructional methods using modern educational applications
- Use innovative online evaluation tools
- Use Moodle for enhancing the effectiveness of teaching learning process

### The Practice

The programme was practiced as five week duration course and started from 11/03/2021 to 09/06/2021. The course materials were arranged as five modules- e learning and ICT integration in teaching, digital technique and blogging, E content development, e learning tools and Moodle.

The resource person for the sessions included Dr. Lakshmi A, Associate Professor in Education, NSS Training College, Pandalam, Dr. George Vargheese, Assistant Professor, Mount Tabor Training College, Pathanapuram, Dr. Velayudan Nair T, Assistant Professor, Peet Memorial Training College, Mavelikara, Mr. Jijan E K, Assistant Professor, Mount Tabor Training College, Pathanapuram and Dr. K S Assistant Professor, Sajan, NSS Training College, Ottapalam.

The instructional hours included two hours per week and students were given a practice session based on specific topic and were directed to submit the assigned work with in the week two.

#### Instructional schedule

SI No.	Topic	date	RP
1	E- learning and ICT integration in teaching	11/03/2021	Dr.Lekshmi A., Associate Professor in Education, NSS Training College, Pandalam
2	Digital Techniques and Blogging	13/04/2021	Dr. George Vargheese Assistant Professor, Mount Tabor Training College, Pathanapuram
3	E-content Developmet	26/04/2021	Dr. Velayudan Nair T. Assistant Professor, Peet Memorial Training College, Mavelikara.
4	E-learning tools	11/.5/2021	Mr. Jijan E. K. Assistant Professor, Mount Tabor Training College, Pathanapuram
5	Moodle.	20/05/2021	Dr. K S Sajan Assistant Professor, N.S.S .Training College, Ottapalam.

The assigned works were evaluated by Smt. Chitra S., Assistant Professor and coordinator of the webinar seriesS.N.Training college Nedunganda.

During the period, the college also organised to webinars for the personality development and communication skill of the student teachers. On 19th May 2021, the communication skill training programme was organised by IQAC on the topic "Am I an

inspiring teacher". Dr Asha A.K., Assistant Professor, AishaBai College of Education, SNDT University, Mumbai was the resource person. On 25th May 2021, another webinar was organised titled "The art of Mindfulness- Means to Foster Self Empowerment" by the IQAC. Dr. Giby Geevarughese, Associate Professor, Mar Theophilus Training College Nalanchira delivered the resource talk. Both the webinars were interactive sessions and were organised as a part of webinar series inteligencia beyond disciplines cross disciplinary collaboration in education series Part 2.

### **Evidences of success**

The major evidences of success during the pandemic period was that the students were able to apply technological competency in their actual classroom practice effectively. They were able to create innovative teaching learning strategies. It was also evident that they were able to organise various cocurricular activities including online competitions, talent day programmes and Participation in online competitions organised by other institutions.

# Problems encountered and resources required

The main problems encountered during the practice was the technical obstacles including network issues and device problems for the students. As far as webinars on personality and communication skill development are concerned, the online mode of presentation has faced its own limitations in terms of interpersonal interaction and activity session. The major resources required for the conduct of programmes were availability of the devices for the participants, connectivity issues and sufficient human resources for delivering the content knowledge. In spite of all the obstacles, most of the students were able to attend the programme successfully and had completed the course. Smt. Chitra S., the coordinator and Dr. Dhanya B. Chandran, the convener of the webinar series had decided to continue the programme with more innovative and creative online tools for the next academic year also.

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### II. Title of the practice: Snehapoorvam

## objectives of a practice

- To develop social consciousness among student teachers.
- To enhance the interaction between the community and Sree Narayana Training College
- To create Social awareness among student teacher through community extension activities.

 To disseminate awareness sessions on various subjects among the rural community.

### **The Context**

The nature of the locality was the major factor in organising a community oriented programme named Snehapoorvam as a practice of the Institution. Snehapoorvam means "with love" and the teachers and students of Institution conducts a series of extension services for the welfare of the rural community. Being a coastal village ,majority of the family wants to engage in their traditional job, fishing and does not pay much attention to educational and social development of students. Thus the institution decided plan and implement community extension activities that addresses various needs and challenges of the rural community and it was named as Snehapoorvam.

### The practice

During the pandemic period ,the institution was not able to implement the planned activities for the community as it was a period of locked down. However, a few programmes were organised by the college as part of the covid pandemic. On 20 May 2020, the college took an initiative in distributing cotton mask for the people in the ward. Honorable deputy speaker of Kerala, Sri V. Sasi, College Principal Dr. Sheeba P., and Shri Praveen Chandra, member and Anchuthengu grama panchayat were participated in the function.

On 20 June 2020, the staff members of Sree Narayana Training College contributed financial assistance for purchasing Television set for online education facility to support an economically backward student from the community. The function was inaugurated by honorable tourism minister of Kerala, Sri. Kadakampally Surendran in the presence of Honorable Member of Parliament Sri. Adoor Prakash, Deputy speaker of Kerala Sri. V.Sasi and Praveen Chandra, member Anjuthemgu, grama panchayat. In 2020, during the months of August, September, and October the teaching faculty and non teaching staff of the institution had participated in the covid-19 duty og Kerala Governement, as the institution has been taken by the government for CFLTC (Covid First Line Treatment Centre).

## Sanker's Day

Every year on 7<sup>th</sup> November, the rememberance day of R. Sanker, the founder Manager and the former chief Minister of Kerala, the faculty and non teaching staff of Sree Narayana Training College, contribute an amount for distributing rice rice for the economically poor familty in the locality. During year, the collected amount was donated to Anchuthengu

Grama Panchayath for giving food for the inmates of CFLTC in Sree Narayana Training College.

#### **Evidences of success**

The institutional activities during the period was very much limited due to lock down. However the services done by the teachers was an inspiration for the students and they have made their own contributions too. During the Ramadan in 2020 in the college Union took an initiative and they themselves collected and contributed financial assistance to an orphanage located at Kollam. From this, it was evident that the social responsibilty and service menatlity of the teaching faculty had become a motivation for the student teachers to follow the values laid down by institution.

# **Problems Encountered and Resources Required**

The lockdown was the major hindrance in carrying out majority of the community extension activities by the institution during the academic year. Since the college was Covid First Line Treatment Centre by the government, we were not able to use the available resources for the community extension services in a full fledged way.

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# **BEST PRACTICES 2020-21**

Honourable Deputy Speaker of Kerala Legislative Assembly Sri. V. SASI is inaugurating the Cloth Mask distribution function by SreeNarayana Training College to village people in the presence of the College Principal Dr.Sheeba P. and Sri. Praveen Chandra, the Member of GramaPanchayat, Anchuthengu.





## മാന്ക് വിശര്ണം വർക്കല വർക്കല ജന്തെയ്യി പൊല്സിന്റെ സ്വാജന്യ മാന്യ് വിത്രണ പാലതിൽ ഇടക്കെ ജനിച്ച അവല്ല വി മോയിഎം. എ ജി. എ ഉദ്വാരനം നിർവാഹിച്ച വർക്കല സി ഐ ജി. പോലം കമാർ, ജനത്തെയ്യി നിറ്റ് മാഹിസർ ജയപ്പേസാർ. പി ആർ. ത കമാര്യ അ വരിനുകയായ സ്വനിൽ, അൻസർ എന്നിവർ സം വിവാർത്തിലെയായിലുകയോയ പാർവിയെയ്യിനിംഗ്കോമുണ്ടായ വിവാർത്തിലെയായിലുകയോയ പാർവിയെയ്യിനിംഗ്കോമുത്തോ ഴിലാളികൾക്കെ ജന്യിനിത്തോഴിലുള്ളികൾക്കും അന്യുത്തോ ഴിലാളികൾക്കെ മന്യിനിത്തോഴിലുള്ളി പാർത്തെ അവരെയ്യിലാളി കൾക്ക് മാസ്കേക് വിത്രത്തെ ചെയ്യത് കോർള്ളി പ്രത്യപ്പില കൾക്ക് മാസ്കേക് വിത്രത്തെ ചെയ്യത്. ഗ്രാമക്കാരത്തിലാളി കൾക്ക് മാസ്കേക് വിതര്വന്ദ്രത്ത് കോർള്ളി പ്രത്യത്തിന്റെ പ്രത്യർ പ്രത്യകൾ വിതര്വന്ദ്രത്ത് കോർള്ളി പ്രത്യത്തിന്റെ പ്രത്യർ പ്രത്യർ വ്യത്തെ പ്രത്യത്ത് വിയോഗ് വിത്രാകമാരി, നിന്നുബി വി. എൽ വിത്രം പ്രത്യർ വിതര്വിയത്. ഗിതാകമാരി, നിന്നുബി പ്രത്യർ പ്രസ്വര്യത്തെ എൻ. ആവർ അം വർക്കൻ, സ്വാഹിം വ്യോകർ പ്രസിഡന്റ് ഇന്റെ കുറ്റ് സ്വാത്രം പ്രസ്വര്യത്ത് അടത്തെ ആദ്യവരായ എൻ. ആർ. അം പ്രത്യർ പ്രവർവർക്ക് വ്യോകർ പ്രസിഡന്റ് ക്രവ്യത്തെ പ്രവർത്തെ വരായുകൾ, സാംബാൻം വി എന്നിവർ പലയങ്ങള്ള.



Honourable Tourism Minister of Kerala Sri.Kadakompally Surendran is inaugurating the Television distribution function by SreeNarayana Training College in the presence of Honourable Member of Parliament Sri. Adoor Prakas, Honourable Deputy Speaker of Kerala Legislative Assembly Sri. V. SASI, College Principal Dr.Sheeba P. and Sri. Praveen Chandra, the Member of GramaPanchayat, Anchuthengu.

Miss. Darsana Prakash L., General Secretary of College Union 2020 donating fund collected by students for the orphanage at Kollam.









Principal
Sree Narayana Training College
Nedunganda.